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Learning by Gestalt

A team was selected, some people with an understanding of mathematics, some engineers and myself – maybe a gestalt psychologist. This team brings to mind the ideas and cooperation between Eino Kaila, the Nevanlinna family and their PhD students Ahlfors and Kurki-Suonio. All members of the team agreed that the main task was to optimize our mathematics lessons for engineering students. This is normally a hard task with a high dropout rate. We had to admit we would fail, if we continued the conventional strategy.

Ahlfors had made a general proposal, influenced by Nevanlinna, Kaila, Wittenberg, Polya, Kline and Wertheimer (Fig. 1):

Hadamard: "The object of mathematical rigor is to sanction and legitimize the conquests of intuition, and there never was any other object for it."

5. Genetic method. "It is of great advantage to the student of any subject to read the original memoirs on that subject, for science is always most completely assimilated when it is in the ascent state." wrote James Clerk Maxwell. There were some inspired teachers, such as Ernst Mach, who in order to explain an idea referred to its genesis and retraced the historical formation of the idea. This may suggest a general principle: The best way to guide the mental development of the individual is to let him retrace the mental development of its *great lines*, of course, and *not the thousand errors of detail*.

This genetic principle may safeguard us from a common confusion: If A is logically prior to B in a certain system, B may still justifiably precede A in teaching, especially if B has preceded A in history. On the whole, we may expect greater success by following suggestions from the genetic principle than from the purely formal approach to mathematics. (Italics highlighting by author)

Fig. 1 Some excerpts from Ahlfors: On the mathematics curriculum.

The proposal was influenced by Ernst Mach (not by Ernst Mach the physicist, but by other, less known aspects of Mach "in the same body"). We traced his approach and ideas, carefully transferring them to the present time. As engineers we analyzed the traditional linear model of learning, found many strategic errors

and decided to follow Ahlfors' proposal of a genetic model. These are two quite different models. Let us start with the linear one (see Fig. 2).
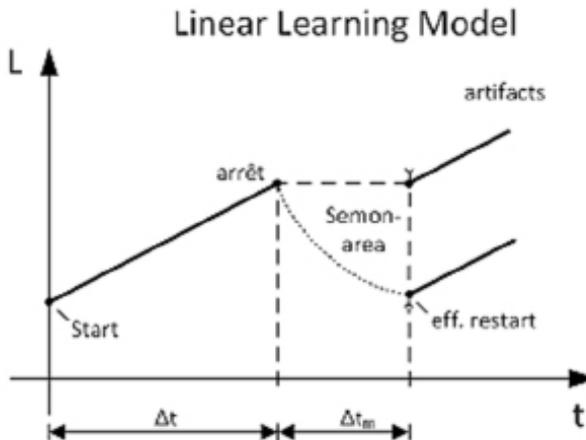

Fig. 2 Learning and building statistics with a linear model.

In Fig. 1 we have a start of the learning process and a stop. The time consumed is Δt. If we want to restart learning, we can take two different points: after Δt_m some content is forgotten (Semon area). When one ignores this (the logically straight-forward way), one starts at the old learning level Δt_m, thereby leaving some laggards behind (students who cannot close the memory gap by themselves). But this is not the biggest error. The undefined starting point makes a higher contribution. No care is taken to test the kind of pre-knowledge or intuition. This start makes the tacit assumption that nothing is forgotten and that no pre-knowledge is required for axioms. But as Hadamard had observed, axiomatic generalizations like those Hilbert made, for instance, require a high experience and intuition of pre-concepts.

No wonder that as a result, learning is reduced to *consuming* well-defined lesson content with no relation to Gestalt psychology, Psychophysics, *Erkenntnis*theory or transfer to other contents. As science produces more and more contents, there is a contents "overflow" defined by curricula with more and more precise defined static contents. The relation between these contents in different areas is thereby neglected by the curricula. This problem is resolved by an exponential model (Fig. 3).
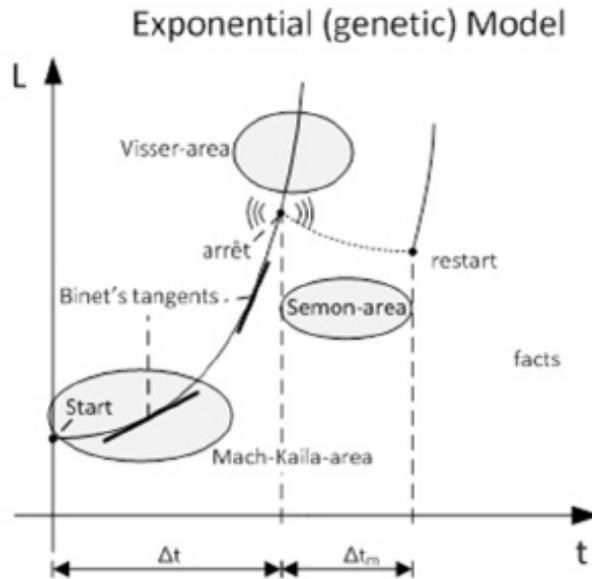
Exponential (genetic) Model

Fig. 3 Learning and building statistics with an exponential (genetic) model.

An exponential learning curve has (maximum) two intersections with a linear learning curve. If we choose a great enough learning time, the exponential function *will* win (overtake the linear curve). But our gut feeling will tell: exponential learning consumes much more time. When we implement learning the Mach-Kaila way (which gives room for Gestalt processes, Psychophysics and *Erkenntnis*theory and *seems* to "crawl" along extremely slowly), the gut feeling tends to be dominant in time perception. In an experimental arrangement we give exactly the same time Δt as in the linear model. The impact of the Mach-Kaila model and the exponential slope will correct gut feeling. At the arrêt, we can even measure transfer to other contents. The slope of the tangents to the exponential function of learning was found experimentally by Alfred Binet (the inventor of the intelligence scale) during experiments in the school of Vaney between 1907 and 1910 (see Fig. 4).
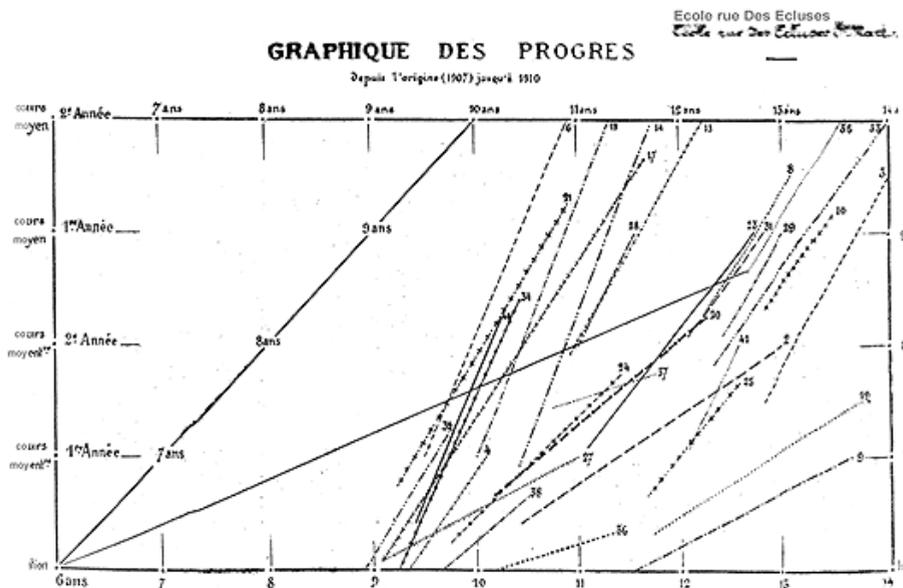
Fig. 4 Alfred Binet's tangents; the slope of laggards with special education is higher than the slope of students in normal education. The Drawing from Vaney is slightly modified in the caption. Special thanks to the Alfred Binet Archive, Nancy for the kind permission to reproduce this figure.

After the same amount of time Δt_m as given in the linear model, the extent of what is forgotten is less than in the linear model, because the Gestalts are present (and the slope is now exponential). The Visser area is for stabilizing and intuitivizing memory (i.e. making it faster and neuronally better connected by repetition), if needed.

In experimental arrangements, the exponential model is highly competitive. It does not matter that there are 60000 experiments referenced in the metastudy of Hattie with a linear model behind, as opposed to fewer than 10 experiments with the genetic model. The linear model seems to produce artifacts, because of unrecognized starting conditions. The exponential model produces interpretable and non-contradictory facts. When the linear model is chosen to compare very short lessons, maybe the linear model has advantages. But one should have in mind that these short lessons are not typical for school learning and this form of learning might have similarity to "mental dressage" instead of understanding. If one mixes the exponential model with linear parts, one will produce Chimaeras, the antique, anachronistic form of genesis, not the Darwinian form.

In the experimental learning model, at the start there should be an archetype of the contents, a Gestalt showing the typical property of the contents at a glance. Because of the statistical properties of learning, one has to ensure that the Gestalt

is perceived at once by each learner. If not, those laggards should be given the opportunity to correct their perspective immediately.

These Gestalts should be as simple and memorable as possible. During the early phase of settling them, logical contradictions (typically used during academic expertise learning) or new different Gestalts should be avoided. While reordering the network brain, the Gestalts are pre-terms, terms in *status nascendi*. They do not already work as terms, so one cannot use them in the normal context of logical thinking of the learner.

One can look at this recipe from a different view called economy of thought (Denkökonomie, as Mach formulated[1]). To reach with a small input of thinking the highest possible output. Or to get the optimum effectivity from small resources. One has to keep thoughts consistent while avoiding inefficiency at the same time. The topic of economy of thought has to be as simple as possible at its start and simultaneously this should not be seen as an abstraction.

Let us have a look at a well-known field experiment in Finland, compared with the OECD means (see Fig. 5).
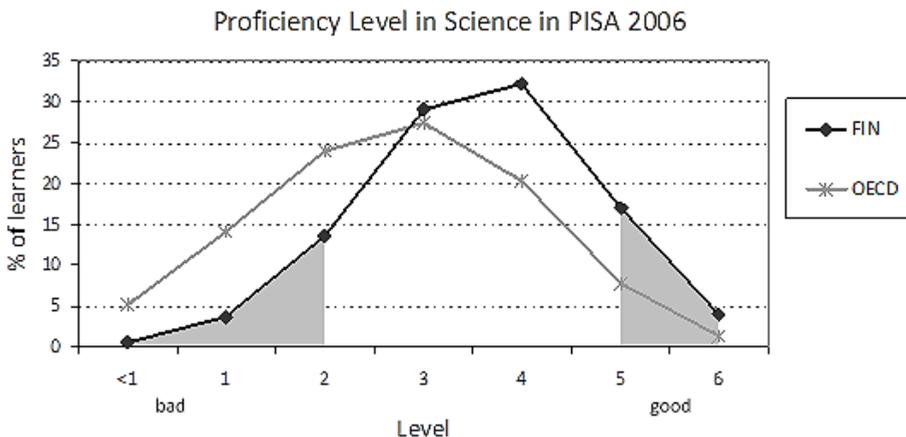

Fig. 5 Finland versus OECD mean in PISA study. The Finland curve is shifted to the right.

[1] A Gestalt for Mach is a thought-economical function. Economizing is an optimization process of input and output (not a minimizing or maximizing process as it is often assumed). A thought process has to be effective (externally) as well as efficient (internally). Both aspects need to be optimized, depending on a number of variables. So what is optimal might change depending on the importance one attaches to the different variables (for instance easiness to learn vs. logical elegance) or the time-frame one uses (time is one of the variables; one might view the result for an exam tomorrow as relevant or of value for the whole life of the student; the economy can thereby change quite dramatically).
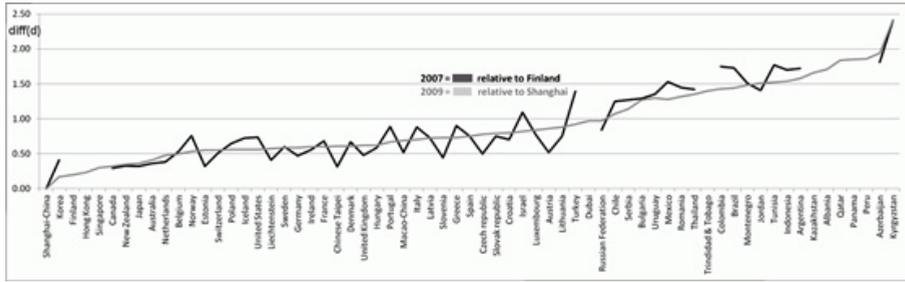
Fig. 6 Comparison worldwide relative to Finland (from an email from Hattie to us).

We compute a d=1.0 for Finland (Fig. 05). (Hattie (2009) made a comparison with d of 800 metastudies on education.) We compare the Finland d with other countries worldwide building the difference (see Fig. 06). (Some of the Asian countries have a number of school lessons in science double that in Finland, so these countries are not directly comparable.) Now we change our view to a lab experiment (see Fig. 7).
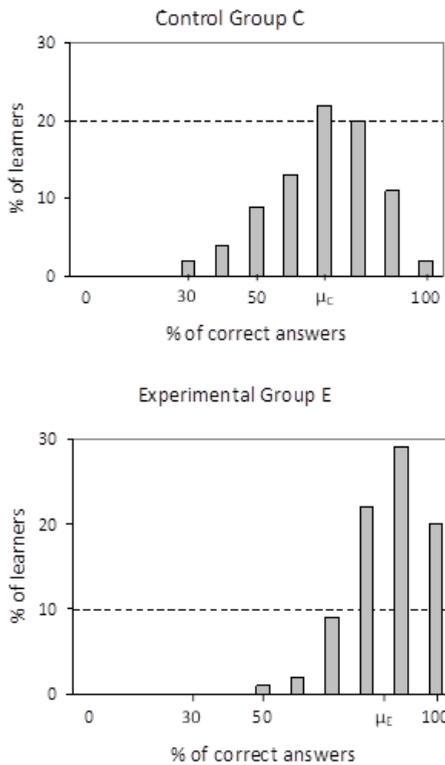

Fig. 7 Genetic-adaptive experiment. Control group and experimental group are educated. The shift in the statistics from left to right (control- to experimental group) brings a higher d.

In a field experiment, some variables are not controllable. In the example of Finland, the number of teachers educated the Mach-Kaila way was about one third of the full population of science teachers there. This seemed to be the biggest singular influence. In Fig. 7 (experimental group), the laggards have disappeared by teaching the Machian sensualistic way.

In principle it is possible to enhance the d value of a teacher (or a team of teachers) by enhancing their strategy to base all teaching on Gestalts, on Psychophysics and on *Erkenntnis*theory without ignoring the time constraint. The result of the enhancement can already be seen after two hours of teaching in an experimental design. This enhancement is stable if (and only if) the teaching style is stable. Each new content needs new Gestalts independent of the age of the learner and each learner should perceive the Gestalt. Now let us take another example (see Fig. 8).
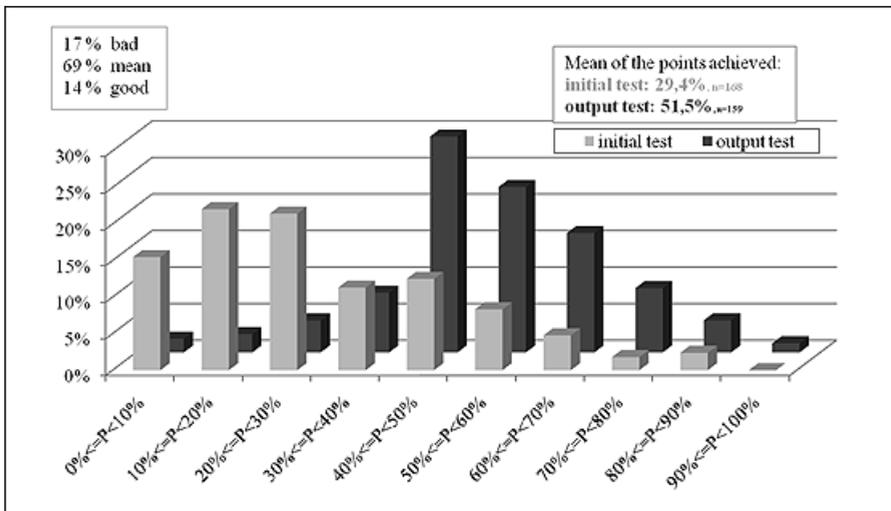

Fig. 8 Statistics of mathematics lesson for students in the first semester (2011). The same group is at the start (gray) and at the end of educational treatment (black). $d_\Delta = 0.86$ (Δ is the reference to preliminary insights of the students).

The task is to optimize the statistics: "no laggards in the left half" (in the output test). This requires in this case a d_Δ much higher than actually supported. In the statistics example we do "some trials with a rake" to shift the laggards to the right. This is just like using a rake to rake the leaves from the left side of a court to the right half. We have the "rake" of the Kaila perceptional approach or, very similar, of the Machian sensualism. Teaching can be optimized this way by teaching the teachers to do the right things starting with a Gestalt, thereby modifying the learners' world view by himself and ignoring all the content of the lesson which

is forgotten within 14 days by students (let us call this strategy "Wagenschein's razor").

To reach a "d_Δ" value as needed, one much higher than available in the situation, we have to reduce the Gestalts to their simplest form in a way Ahlfors suggested (Fig. 01): reduce the Gestalts to the great lines, avoid the thousand errors of detail in history, ignore the logical sequence of B preceding A in history (the type of error George Sarton made following the historical line carefully while neglecting to reduce the Gestalts to their simplest forms, see Siemsen 2011). One has to be careful while restructuring the contents this way: listen to the proximate empirical answer of experiments to find the simplest elementary forms. Do not trust the "gut feeling", i.e. your intuition without further research.

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Summary

The design within the paper shows how the Gestalt-psychological approach under *erkenntnis* guidance from Ernst Mach and Eino Kaila can be used for learning in Science Education. The great achievements in Finnish School Education as measured by PISA have their roots there and are transferred to University Science Education.
Keywords: Gestalt theory, *Erkenntnis*theory, Genesis, exponential model of learning, effect sized.

Zusammenfassung

Der Entwurf zeigt, wie der gestaltpsychologische und erkenntnisorientierte Ansatz Ernst Machs und Eino Kailas für Lernen im Bereich Science Education umgesetzt werden kann. Die heutigen großen Erfolge des finnischen Schulsystems, gemessen in PISA, haben dort ihre Wurzeln und werden auf Bildung im Bereich Hochschule übertragen.
Schlüsselwörter: Gestalttheorie, Erkenntnistheorie, Genese, exponentielles Lernmodell, Effektgröße.

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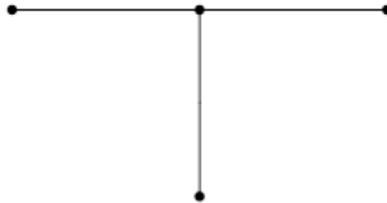
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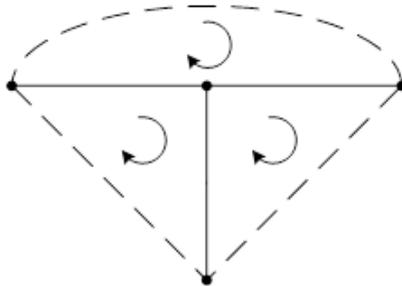
Appendix: A Graph (an example)[2]

1 A tree, branches of a tree and nodes
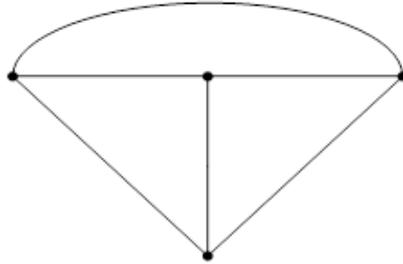

2 *One* complete tree (of many)

3 Boughs; loop analysis with boughs (Kirchhoff's law in mathematical form)

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[2] This is a layout of a Gestalt chain (Mach 1876. pg. 9, pg 33). It has its own language especially and indispensable for education.

What we have done with Gestalt is to fully extract language from an idea or form, subtracted distracting abstractions, and we use psychology first (rather than logic) in order to simplify understanding at first glance. If it could be expressed fully in normal language, we wouldn't have needed the Gestalt form. There are some differences to normal language: (1) psychology has priority to logic (see 2.1 after 3. in this appendix; see Mach 1890); (2) abstractions (and terms) are reduced in the first cycle of teaching to simplified specific figures which only partly or not at all contain the abstraction (see Mach, 1876 pg 20: pre-mature abstractions; Mach, 1900 pg. 4); (3) some cycles are needed starting at the simplified figures to construe the final abstraction and the terms used by professionals (see Mach 1876 pg. 7); (4) the words used (if they are needed to explain) should be words common to the learners, not the terms finally used (see (3), for example start with the tinsels (fig. 4)). Not all comments shown should be presented in the first cycle of teaching.

2.1 Breakup of a tree
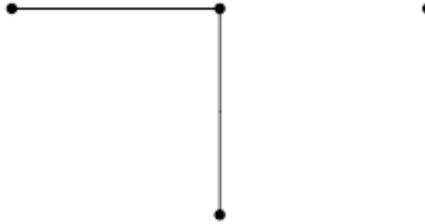
4 Inflating the tree (Ohm's law, shown later)
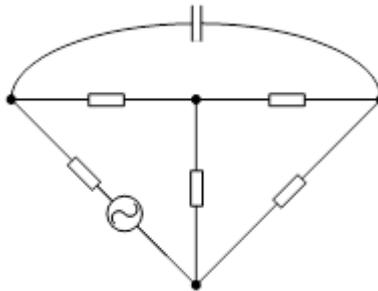
Think of different types of gongs or tinsels distributed over the tree, for example in different coulurs (black, silver, gold….)

5 Wheatstone bridge as an electric circuit. (Turn this picture 90° clockwise and the Gestalt will change to a coherent perception of the previous tree!)

Spezielle Werte der Schaltelemente:

U = 10V	$R_1 = 200$
$R_2 = 300$	$R_1 = 500$
$R_4 = 400$	$R_1 = 400$
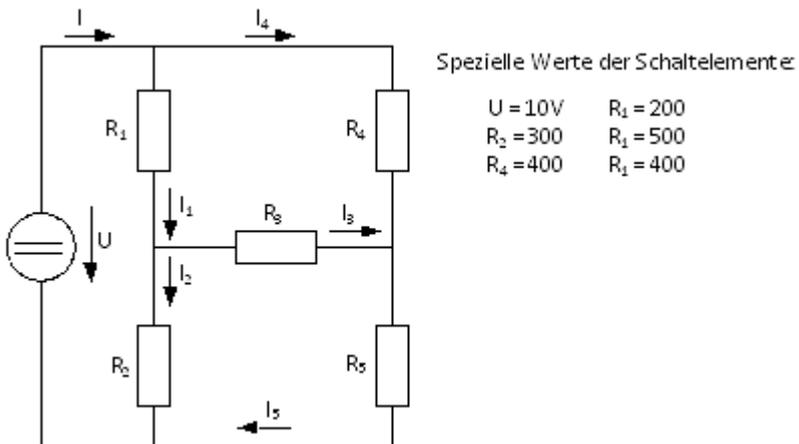
6 A two dimensional table in matrix notation is derived from the graph fig. 4 ((x_i) and (u_i) are the Elements of a vector [ ] each):

$$\begin{bmatrix} \cdot & \cdot & \cdot \\ \cdot & \cdot & \cdot \\ \cdot & \cdot & \cdot \end{bmatrix} \cdot \begin{bmatrix} (x_i) \end{bmatrix} = \begin{bmatrix} (u_i) \end{bmatrix}$$

The x_i are the variables in the dotted lines of fig. 4 (the boughs). If the tree has much more branches, nevertheless it can be brought into the two-dimensional table.

7 The main diagonal is filled with placeholders of those components, which are circulated by a loop variable.

$$\begin{bmatrix} \diagdown & & \cdot \\ & \cdot & \\ \cdot & & \diagdown \end{bmatrix}$$
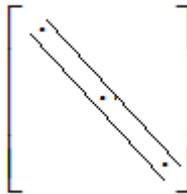
8 The other elements in the table are dummy placeholders of the electronic components which are circulated by *two* loop variables. The indexes of the loop variables define the position in the matrix.

$$\begin{bmatrix} \diagdown & \cdot & \cdot \\ \cdot & \diagdown & \cdot \\ \cdot & \cdot & \diagdown \end{bmatrix}$$
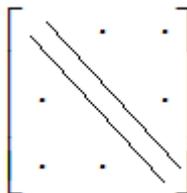
9 If the two loop variables circulate in opposite directions, the placeholder of the components becomes negative leading sign.

10 "u" are sources, which point in the direction of a loop variable, get a negative

leading sign (and versed). Now all features of *Kirchhoff's law* are brought to the table.

11 Ohm's law ("the inflating"): in the table electronic devices (or other, for example mechanical devices) instead of the placeholders are positioned following the rules of 7 to 10. The u_i's are called voltage sources, the i_i's loop currents.

$$\underline{Z} \cdot \underline{I} = \begin{bmatrix} (u_i) \end{bmatrix}$$

12 Table 6 filled in this way is now called the "generalized Ohm's law".

$$= \underline{Z}^{-1} \cdot \begin{bmatrix} (u_i) \end{bmatrix}$$

This Ohm's law is solved with respect to $\underline{I}$ by matrix calculus, for example building the upper triangular matrix first, then the diagonal matrix. The solution of the vector $[(i_i)]$ can be read directly from the matrix.

This matrix Z^{-1} is transformed into

$$\begin{bmatrix} \ddots & \cdot & \cdot \\ & \ddots & \cdot \\ 0 & & \ddots \end{bmatrix}$$

and further to

$$\begin{bmatrix} \ddots & & 0 \\ & \ddots & \\ 0 & & \ddots \end{bmatrix}$$

(The same way of solution can be used for current controlled voltage sources. An alternative for the whole procedure is to use the node voltages (including voltage controlled current sources) instead of loop currents.)

13 Imagine that the tree is filled with flowing water. The pump is u_i (see fig. 5). The water flowing through the boughs is determined by fig. 12.